



# Words to the Wise

Your Workplace Integrated Support & Education Newsletter

July 2024

Greetings from Our Team

## WISE NEWS

*We have wrapped up data collection for our funded projects – thank you to our participants and partners!*



JMIR Publications  
Advancing Digital Health & Open Science

Learn more about Project WISE through our research protocol paper at *JMIR Research Protocols*: [\*Harnessing innovative technologies to train nurses in suicide safety planning with hospitalized patients: Protocol for formative and pilot feasibility research\*](#)



See what Harborview acute and intensive care nurses had to say about the opportunities and challenges of engaging in suicide prevention activities with hospitalized patients in our paper in the *Journal of Advanced Nursing*: [\*Acute and intensive care nurses' perspectives on suicide prevention with medically hospitalized patients: Exploring barriers, facilitators, interests, and training opportunities.\*](#)

Some key takeaways:

- Nurses who are already screening for suicide risk, work closely with patients, and build trusting, collaborative relationships with patients are well-positioned to engage in suicide prevention activities
- However, nurses are busy and have limited time for additional activities
- Nurses are an integral part of suicide prevention; research should continue to explore and evaluate the opportunities for nurses to support patients at risk of suicide



See more at our [SRS 2023 presentation recording!](#)  
(Search: Darnell)



Project WISE is funded by  
NIMH K23MH118361  
&  
Department of Psychiatry  
Suicide Prevention  
Recovery Small Grant

*Project WISE aims to support Harborview's mission and advance services provided to hospitalized medical/surgical/trauma patients at risk of suicide.*



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[Project WISE Website](#)

Read about our findings from our eLearning training in suicide safety planning with Harborview acute and intensive care nurses at *JMIR Formative Research*: [Harnessing innovative technologies to train nurses in suicide safety planning with hospital patients: Findings from a formative evaluation of an eLearning continuing education training](#)

Some key takeaways:

- 18 nurses participated in the 3-4 hour virtual training on suicide safety planning.
- The use of novel artificial intelligence technologies to provide opportunities to practice and get feedback on skills was feasible.
- Nurses enjoyed and found the role-play practice with a patient actor particularly helpful.
- With more targeted feedback on specific safety planning skills the virtual training is likely a promising approach for training nurses in suicide safety planning.

### Making an impact



Over half (57%) of our nurses who completed the training reported making at least one change in how they interact with patients experiencing suicidality because of the training, such as “talking more with patients on my unit about suicidal thoughts than I previously have”.

We are continuing data analysis and preparing manuscripts for publication based on our study [Suicide Risk Screening in Acute and Intensive Care at a Level 1 Trauma Center](#).



We collected electronic health record data on suicide risk screening for over 10,500 patients receiving inpatient care for medical, surgical, or traumatic injury reasons at Harborview and talked with 22 acute and intensive care nurses about their experiences with the screening.



*Did you know?*



“The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.”

Learn more at  
<https://988lifeline.org/>



See our [SRS 2024 symposium](#) presentation based on this study with colleagues at Seattle Pacific University, Keyne Law and Kimi Hashimoto, and Project WISE

UW undergraduate research practicum students, Koumudi Thanda and Amy Bosch!

### **Congratulations to Amy Bosch & Koumudi**

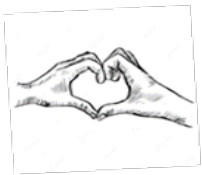
**Thanda!** They won the Undergraduate Research Symposium Population Health Recognition Award 2024 for their presentation, [Nurse Identified Barriers to Implementing a Suicide Risk Screening Protocol at a Level 1 Trauma Hospital: Considerations for Equitable Access to Care](#)

### *And the work continues!*

Thank you to Michaela McGonigle and the UW School of Nursing for continuing the work at Harborview! Michaela, a nurse at Harborview, completed her UW Doctorate of Nursing Practice project in 2024 with Project WISE using data collected from acute and intensive care nurses about their experiences with suicide risk screening. Her report provides suggestions on how to improve the implementation of the hospital's suicide risk screening protocol. **Congratulations Michaela!** She won the HMC Nursing Clinical Inquiry Award 2024!

In 2024, Project WISE will partner with Harborview nurse and DNP student Melissa Newton-Mora and Harborview nurse Christine McCarthy to develop and pilot suggested improvements to training for Harborview nurses in the hospital's suicide risk screening protocol.

### *Where are they now?*



Last year we said good-bye to Project WISE Research Study Coordinator, Andria Pierson, but she is back working with nurses at UW! Since October 2023 Andria has been working with faculty and students in the [Adult Gerontology Primary Care Nurse Practitioner](#), [Adult Gerontology Acute Care Nurse Practitioner](#), and [Mental Health Nurse Practitioner](#) tracks of the [UW School of Nursing](#) Doctor of Nursing Practice (DNP) program.



[Spark some joy this summer with the Whole U!](#)

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Thank you to the Harborview Nursing Clinical Inquiry Council for their time, support and guidance!

Project WISE would not have been possible without you!