**Role-Play – Patient “Pat”**

Pat has been referred to psychiatry to address suicidality.

Demographics

* Age = 60s
* Widowed 2 years
* Lives alone in rural community
* Recently retired from a career they enjoyed

Mental health and suicidality concerns

* Experiencing depression ever since the death of their spouse
* Screened as at-risk for suicide at a recent primary care visit
  + Current active suicidality, but not imminent
  + Has had thoughts about using a gun they have to end their life
  + No prior suicide attempts

Your tasks

* Obtain a narrative of a recent suicidal crisis
* Use the narrative to describe the risk curve and provide a rationale for safety planning
* Use the narrative to identify warning signs to use the safety plan