



# Words to the Wise

Your Workplace Integrated Support & Education Newsletter

June 2023

Greetings from Our Team

## WISE NEWS

### eLearning Evaluation – Updates

Thank you to our nurse participants! We completed data collection for our formative evaluation of an eLearning training in suicide safety planning in February and are now analyzing the data and preparing a manuscript for publication.

Number of nurses who completed the study phases



### Making an impact



Over half (57%) of our nurses who completed the training reported making at least one change in how they interact with patients experiencing suicidality because of the training, such as “talking more with patients on my unit about suicidal thoughts than I previously have”.



Project WISE is funded by  
NIMH K23MH118361  
&  
Department of Psychiatry  
Suicide Prevention  
Recovery Small Grant

*Project WISE aims to support Harborview's mission and advance services provided to medical/surgical/trauma patients at risk of suicide.*



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**Research Coordinator**  
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[Darnell Research Lab](#)

## C-SSRS Suicide Risk Screening Study



Thank you to our nurse participants! Data collection is complete and analysis is underway for our study funded by the Department of Psychiatry and in partnership with Data QUEST at ITHS: [Suicide Risk Screening in Acute and Intensive Care at a Level 1 Trauma Center!](#)

We collected electronic health record data on suicide risk screening for over 10,500 patients receiving inpatient care for medical, surgical, or traumatic injury reasons at Harborview and talked with 22 acute and intensive care nurses about their experiences with the screening.

This summer we welcome two UW undergraduate research practicum students who will help analyze our focus group data.

Koumudi Thanda      Public Health – Global Health  
Amy Bosch            College of Arts and Sciences

## Publications



Find out more at the *Journal of Advanced Nursing* about [Acute and intensive care nurses' perspectives on suicide prevention with medically hospitalized patients: Exploring barriers, facilitators, interests, and training opportunities.](#) Based on focus groups with HMC nurses!



JMIR Publications  
Advancing Digital Health & Open Science

Learn about Project WISE through our research protocol paper: [Harnessing Innovative Technologies to Train Nurses in Suicide Safety Planning With Hospitalized Patients: Protocol for Formative and Pilot Feasibility Research](#)

## Presentations



We enjoyed the [18<sup>th</sup> Annual Seattle Nursing Research Conference](#) where we shared findings from our study published in *JAN*.



Coming soon to the [SRS 2023 website](#) – a recording of our virtual presentation of preliminary suicide safety planning implementation findings from our eLearning evaluation: *Opportunities and considerations for the role of acute and intensive care nurses in suicide prevention.*



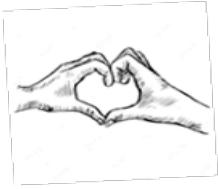
Hope everyone had a great [Nurses Week with UW Medicine!](#)



*Did you know?*

[Harborview nurse promotes meaningful recognition for nurses.](#)

## Goodbyes



Now that Project WISE data collection has ended, it is time to say goodbye to our wonderful Research Study Coordinator, Andria Pierson!

We are so grateful for all you have done for our team and participants and wish you all the best on your next venture!

## In Other News



Project WISE collaborators are leading two new research centers focused on suicide prevention and treatment, funded by the National Institute of Mental Health.

- ★ [Katherine Ann Comtois, PhD, MPH](#) will direct the new [UW Suicide Care Research Center](#). Dr. Darnell will co-lead the Center's program to support interdisciplinary research teams new to suicide care research in pilot projects.
- ★ [Edwin D. Boudreaux, PhD](#) will direct the Center for Accelerating Practices to End Suicide through Technology Translation (CAPES), which will bridge the research-to-practice gap among empirically supported technologies enabling suicide risk identification, monitoring, and prevention in healthcare settings.

### [A new survey from the Pew Charitable Trusts](#)

shows that only 13% of American adults understand the purpose of the 988 Suicide and Crisis Lifeline nearly a year after its widely publicized launch.

Learn more about 988 at <https://988lifeline.org/>



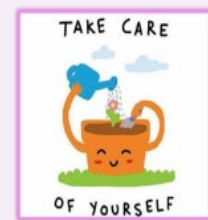
May was Mental Health Awareness Month 2023. The [National Institute of Health Digital Tool Kit](#) provides resources for continuing the conversation, fighting stigma, and raising awareness about mental illness.

## Keep in Touch!

If your contact information has changed, please let us know at [projectwise@uw.edu](mailto:projectwise@uw.edu).



Art for self-care and mental health



[The UW Whole U has some tips on how art in its many forms can benefit the YOU.](#)



Continuing thanks to the HMC Nursing Clinical Inquiry Council for their guidance.